



**A Service of
HOLY COMMUNION
for Lent**

This service is during Lent and the liturgical colour is purple signifying a penitential season of the year.

Lent begins on Ash Wednesday and continues to Palm Sunday. It is a time to prepare ourselves for the great events of Holy Week and Easter Day. Beginning with the wilderness experience of Jesus, Lent is an opportunity for us to examine our own lives and experience in the light of the Gospel message of Good Friday and Easter Sunday.

Before the service begins, you may like to use the time to sit quietly and prepare yourself to meet God in this act of worship. You may find the following words helpful.

Blessed are the poor in spirit,
for theirs is the kingdom of heaven.

Blessed are those whom mourn,
for they shall be comforted

Blessed are the meek,
for they shall inherit the earth.

Blessed are those who hunger and thirst after righteousness,
for they shall be satisfied.

Blessed are the merciful,
for they shall obtain mercy.

Blessed are the pure in heart,
for they shall see God.

Blessed are the peacemakers,
for they shall be called children of God.

Blessed are those who suffer persecution for righteousness' sake,
for theirs is the kingdom of heaven.

The Gathering

In the name of the Father, and of the Son, and of the Holy Spirit.

All Amen.

The Greeting

Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you

All and also with you.

The sacrifices of God are a broken spirit: a broken and a contrite heart, O God, you will not despise. Psalm 51:17

Prayer of Preparation

All Almighty God, to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name; through Christ our Lord. Amen.

The Collect *The Collect or special prayer for today is said.*

Reading—Genesis 9:8-17

For the gift of your holy word.

All Thanks be to God.

Gospel Reading

Praise to you, O Christ, King of eternal glory,
Your word is a lamp to my feet and a light to my path.

All Praise to you, O Christ, King of eternal glory.

Hear the Gospel of our Lord Jesus Christ according to Mark.

All Glory to you, O Lord.

At the end

This is the Gospel of the Lord.

All Praise to you, O Christ.

The Creed

Let us declare our faith in God, Father, Son and Holy Spirit.

**All I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.**

**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

Prayers of Intercession *At the end please respond*

Merciful Father,
All accept these prayers for the sake of your Son, our Saviour Jesus Christ. Amen.

Prayers of Penitence

Summary of the Law

Our Lord Jesus Christ said: The first commandment is this: ‘Hear, O Israel, the Lord our God is the only Lord. You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.’

The second is this: ‘Love your neighbour as yourself.’ There is no other commandment greater than these. On these two commandments hang all the law and the prophets.

All Amen. Lord, have mercy.

The sacrifice of God is a broken spirit: a broken and contrite heart God will not despise. Let us come to the Lord, who is full of compassion, and acknowledge our transgressions in penitence and faith.

Silence is kept

**All Lord God, we have sinned against you; we have done evil in your sight. We are sorry and repent. Have mercy on us according to your love. Wash away our wrongdoing and cleanse us from our sin.
Renew a right spirit within us and restore us to the joy of your salvation, through Jesus Christ our Lord. Amen.**

Almighty God, who forgives all who truly repent, have mercy upon you pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in life eternal; through Jesus Christ our Lord.

All Amen.

The Peace

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, who has given us access to his grace.

The peace of the Lord be always with you

All and also with you.

Let us offer one another a sign of peace.

Hymn

Seek ye first the kingdom of God
And his righteousness;
And all these things shall be added unto you,
Allelu, alleluia!
Alleluia, alleluia,
Alleluia, allelu, alleluia.

Preparation of the Table

Pour upon the poverty of our love, and the weakness of our praise, the transforming fire of your presence.

All Amen.

The Eucharistic Prayer

The Lord is here.

All His Spirit is with us.

Lift up your hearts.

All We lift them to the Lord.

Let us give thanks to the Lord our God.

All It is right to give thanks and praise.

The president praises God for his mighty acts and all respond

**All Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

The president recalls the Last Supper

Jesus Christ is Lord:

**All Lord, by your cross and resurrection you have set us free.
You are the Saviour of the world.**

The prayer continues and leads into the doxology, to which all respond

All Amen.

The Lord's Prayer

Lord Jesus, remember us in your kingdom and teach us pray

**All Our Father in heaven, hallowed be your name, your kingdom
come, your will be done, on earth as in heaven. Give us today
our daily bread. Forgive us our sins as we forgive those who sin
against us. Lead us not into temptation but deliver us from evil.
For the kingdom, the power, and the glory are yours now and
for ever. Amen.**

Breaking of the Bread

Every time we eat this bread and drink this cup,

All We proclaim the Lord's death until he comes.

Agnus Dei

**All Lamb of God, you take away the sin of the world,
have mercy on us.**

**Lamb of God, you take away the sin of the world,
have mercy on us.**

**Lamb of God, you take away the sin of the world,
grant us peace.**

Giving of Communion

Jesus is the Lamb of God who takes away the sin of the world.

Blessed are those who are called to his supper.

**All Lord, I am not worthy to receive you,
but only say the word, and I shall be healed.**

You may like to say this prayer, after the Prayer of St Richard of Chichester

Thanks be to you, Lord Jesus Christ, for all the benefits you have given me, for all the pains and insults you have borne for me. Since I cannot now receive you sacramentally, I ask you to come spiritually into my heart. O most merciful redeemer, friend and brother, may I know you more clearly, love you more dearly, and follow you more nearly, day by day. Amen.

Prayer after Communion

The Post Communion prayer for the day is said

All God of our pilgrimage, you have fed us with the bread of heaven. Refresh and sustain us as we go forward on our journey, in the name of Jesus Christ our Lord. Amen.

Hymn

All my hope on God is founded,
he doth still my trust renew.
Me through change and chance he guideth
only good and only true:
God unknown, he alone
calls my heart to be his own.

Pride of man and earthly glory,
sword and crown betray his trust;
what with care and toil he buildeth
tower and temple, fall to dust.
But God's power, hour by hour,
is my temple and my tower.

God's great goodness aye endureth,
deep his wisdom, passing thought:
splendour, light and life attend him,
beauty springeth out of naught.
Evermore from his store
new-born worlds rise and adore.

Daily doth th'Almighty giver
bounteous gifts on us bestow;
his desire our soul delighteth
pleasure leads us where we go.
Love doth stand at his hand
joy doth wait for his command.

Still from man to God eternal
sacrifice of praise be done,
high above all praises praising
for the gift of Christ his Son.
Christ doth call one and all:
ye who follow shall not fall.

The Dismissal

Christ give you grace to grow in holiness, to deny yourselves, take up your cross, and follow him; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always.

All Amen.

Go in peace to love and serve the Lord.

All In the name of Christ. Amen.

NOTICES

We are offering different resources to help you in your journey through Lent, these are listed below:-

#LiveLent – All those on the Electoral Roll will have received the #LiveLent booklet with reflections for each day of Lent. If you haven't received one it is also available as an app or you can purchase one through #LiveLent website. We invite you to take time during Lent to pause each day and read the daily Bible reading, reflection and prayer. Alongside this, every Tuesday evening at 7.30pm, there will be a time to come together via zoom to discuss the reflections with others.

Lent Appeal – Clean drinking water is a basic human right. This should be a normal part of daily life for everyone, everywhere – but it isn't. That's why the charity WaterAid is here. With your help, WaterAid is working with partners in some of the toughest places in the world. Together, they've already reached millions of people with clean water, decent toilets and good hygiene, enabling entire communities to unlock their potential, break free from poverty and change their lives for good. Imagine if you had to travel miles each day to collect water that isn't even clean and using this for your family for drinking, washing etc. and think how fortunate we are in this country. During Lent please think how we take for granted turning on the tap for fresh water and how many

times you flush the toilet each and every day. Please donate and you will help many people have a safe future.

Fun ways to give:

- ◆ Give 20p/50p/£1 every time you fill the kettle, or flush the toilet or wash your hands.
- ◆ Women and children have to walk 4km, 8km or even 12km each day for clean water. Take part in the Walk for Water Challenge. Challenge yourself to walk 12km during Lent, you can do either in one walk or several walks and then give a donation to Water Aid or get your walk sponsored.

You can make a BACS donation to Baildon Parochial Church Council in the usual way, adding the reference WATERAID to your payment.

Morning Prayer – We continue to meet via zoom every morning for a half hour service following the Church of England Morning Prayer. Do consider joining us for Lent and send Canon Sandra an email for a link.

Compline – This service of Night Prayer proved very popular during Advent and so we are offering this again every evening at 9.30pm during Lent. We will be live streaming this service of Night Prayer onto Facebook.

Craft through Worship – Reflections and craft ideas for Lent and Holy Week. Please contact ruthjyeoman@hotmail.com if you like to go on the Craft email.

Thought for the Week – Every Wednesday morning on our Facebook page, we will post a short thought for the week for your Lenten reflection.

Prayer requests – We are seeking to give people the opportunity to put in prayer requests which will be prayed either during the live streamed Compline service or during Morning Prayer. Please contact either Ruth (01274 588322) or myself with the words of your request that you would be happy for us to use in these services. They can be for personal, national or international concerns.

Let's do Lent is a set of eight stories, thoughts, challenges and prayers for children's journey through Lent. We will upload them every Sunday at 11am to our Youtube channel (search Parish of Baildon), and of course they will be available anytime afterwards. We begin on Sunday 21st

February and end on Easter Day, 4th April. We will upload an extra session on 2nd April for Good Friday. The full 'Let's Do Lent' booklet can be collected free outside St John's church but we will upload the pages, week-by-week, to our parish website. Click on 'Children and Families' or the 'Lent' tabs from the homepage.

Messy Church - Don't forget this Sunday is Messy Church Sunday. We meet via Zoom at 4pm. If you haven't received your invitation email sandrabenham@btinternet.com for details.

Virtual Coffee - Join us for Virtual Coffee, every Sunday at 11am via Zoom. You will have received a Zoom link in your last 'Message from Sandra' or just email: sandrabenham@btinternet.com for an invite. Catch up with your church friends and don't forget to bring a beverage of your choice!

Could you help? As a Parish we need some help. The person who has done the accounts for the parish wishes to step down after many years of doing the job, and we need someone to help us in two ways -

Firstly, we would like to move our accounts onto Quickbooks or an equivalent and need someone to help us do this. This is a time limit role, if you have experience of this type of role we would love to hear from you.

Secondly, when this job is done we need someone who could take on the role of our accounts using the software that has been set up.

For both these roles we would be able to offer an honorarium. Please ring or email Canon Sandra about these roles if you can help.

Parish of Baildon Traidcraft - The Parish of Baildon Traidcraft stall has continued throughout the pandemic and has raised £200 for charities over the last year. If you wish to view the wonderful range of goods on sale through the stall go to: www.traidcraftshop.co.uk. As a registered charity we get 10% commission on sales and all this money goes to our charitable giving, individual customers don't get this commission so if you want the money to go to charity, at no extra cost to you, please order through: traidcraft@ParishofBaildon.uk. Also as we usually have enough orders for free delivery so you won't be charged delivery.

Celebrate the real meaning of Easter with *The Real Easter Egg*. Apart from a tasty Fairtrade chocolate Easter egg, you will receive a booklet containing the story of the first Easter; the final week of Jesus' life and the events of Maundy Thursday, Good Friday and Easter Sunday. There's even a £200 prize competition inside! Also available in dark chocolate. To enjoy a real ethical treat this Easter why not order *The Real Easter Egg*? (Other eggs are available). Eggs cost £5.00 and we would need orders by Monday 22nd March.



Fairtrade Fortnight, Feb 22nd - March 7th - As we are not able to celebrate Fairtrade Fortnight in Baildon in our usual way, we will be celebrating it online this year, alongside Fairtrade towns, regions, and places of worship across the country. This year the spotlight will be on the growing challenges that climate change brings to farmers and workers in the communities Fairtrade works with.

Available online every day during the Fortnight will be: 'Fairtrade Connections: Community Arts Festival'. This Festival programme includes a variety of events such as a Caribbean cookery demonstration, trade justice, poems to save the planet, songs from Ghana, truffle making, cook-along with Sandy Docherty of bake-off fame, Taskmaster family fun, and many more. For full information please see www.FairtradeYorkshire.org.uk.

The events will go live from Monday, February 22nd and are free but need to be booked, for gate-keeping.

Text Donations – You can now make your donation to the work of the parish by text! Our Donr system is up and running:
To donate £20 text **BAILDONPARISH 20** to 70085
To donate £15 text **BAILDONPARISH 15** to 70085
To donate £10 text **BAILDONPARISH 10** to 70085
To donate £5 text **BAILDONPARISH 5** to 70085
You can gift aid your donation using the link in the confirmation text you will receive later. Texts cost the value of the donation plus one standard rate message. See the end of the Notices for other ways to donate.

How to Donate or Make a Payment to the work of our parish

BACS:

Account name: Baildon Parochial Church Council

Account number: 80028819 Sort code: 20-11-81

Please add a reference to your payment, eg planned giving, donation etc.

Cheque:

You can send a cheque to our Parish Treasurer, Richard Nicholas, at 11 High Fold, Baildon, BD17 6LE. Again, please give details of what your payment covers.